



DEPRESSION AND BIPOLAR DISORDER SUPPORT GROUP IN BAYTOWN!

DBSA Greater Houston, the Gulf Coast area's largest provider of mental health support groups, is pleased to announce that on **August 13, 2009** our Baytown group will be moving to Grace United Methodist Church. As with all of our support groups, this group will be **open to the public at no cost and is completely confidential for those who attend.**

- WHO:** Adults experiencing the symptoms of Depression or Bipolar Disorder as well as family members and friends of those that are affected by either illness
- WHAT:** Participants will meet in a supportive environment to explore coping and recovery strategies for depression and bipolar disorder diagnosis. A licensed clinician will be present to facilitate the group, address concerns or answer any questions. Informative literature about either illness will be made available as well
- WHERE:** Grace United Methodist Church
304 North Pruett Street
Baytown, TX. 77520
Foundation Room
- WHEN:** Every Thursday from 6:00 pm to 7:30 pm
- CONTACT:** DBSA Greater Houston at (713) 600-1131 for more information on mood disorders, this specific group, other group locations or directions. Visit our website at: www.dbsahouston.org

Don't let depression or bipolar disorder leave you in the dark.
Step into the light.

